

## HACY2003

### Individual Meet Results

YMCA LONG COURSE CUP CHAMPIONSHIPS 12-Jun-09 to 14-Jun-09 LC Meters

Location: Princeton University

HAMILTON Y AQUATIC CLUB [HACY-NJ] Coach: SUE WELSH

Time	F/P/S	Event	Place	Points	Improv
<b>Sara Ackerman (12) W</b>					
1:30.21L	F # 53	Women 11-12 100 Back	32	---	---
	44.15	46.06			
41.02L	F # 55	Women 11-12 50 Free	90	---	---
1:26.98L	F # 101	Women 11-12 100 Free	68	---	---
	41.22	45.76			
44.27L	F # 103	Women 11-12 50 Back	42	---	---
	44.20	0.07			
<b>Rohan Bajaj (14) M</b>					
2:29.62L	F # 30	Men 13-14 200 Free	44	---	-1.68
	33.63	37.50 39.56 38.93			
1:22.77L	F # 39	Men 13-14 100 Back	52	---	-9.06
	40.72	42.05			
33.12L	F # 42	Men 13-14 50 Free	76	---	-0.27
2:58.00L	F # 78	Men 13-14 200 IM	53	---	-24.33
	40.87	43.75 54.16 39.22			
1:10.80L	F # 87	Men 13-14 100 Free	63	---	0.98
	33.62	37.18			
38.96L	F # 90	Men 13-14 50 Back	41	---	-5.44
	38.96				
<b>Tanvi Bajpai (11) W</b>					
1:06.04L	F # 51	Women 11-12 50 Breast	77	---	---
48.30L	F # 55	Women 11-12 50 Free	99	---	---
55.65L	F # 97	Women 11-12 50 Fly	67	---	---
55.71L	F # 103	Women 11-12 50 Back	69	---	---
	50.84	4.87			
<b>Tyler Blackburn (15) M</b>					
4:34.43L	F # 8	Men Senior 400 Free	12	---	-11.34
	31.05	33.65 35.43 35.13 35.77 35.05 35.43 32.92			
2:11.43L	F # 32	Men 15 & Over 200 Free	39	---	-2.97
	30.86	33.41 34.44 32.72			
29.09L	F # 44	Men 15 & Over 50 Free	79	---	-0.16
2:35.25L	F # 80	Men 15 & Over 200 IM	51	---	-17.41
	32.37	40.13 50.54 32.21			
1:01.45L	F # 89	Men 15 & Over 100 Free	57	---	-0.61
	29.92	31.53			
36.16L	F # 92	Men 15 & Over 50 Back	66	---	0.82
	32.78	3.38			
<b>Annie Bonazzi (15) W</b>					
1:17.92L	F # 34	Women 15 & Over 100 Fly	37	---	-2.76
	35.44	42.48			
32.71L	F # 43	Women 15 & Over 50 Free	83	---	0.69
33.66L	F # 82	Women 15 & Over 50 Fly	44	---	-0.48
1:10.33L	F # 88	Women 15 & Over 100 Free	87	---	1.37
	34.42	35.91			

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Location: Princeton University

HAMILTON Y AQUATIC CLUB [HACY-NJ] Coach: SUE WELSH

Time	F/P/S	Event	Place	Points	Improv
<b>Sydney Bornstein (13) W</b>					
2:36.13L	F # 5	Women Senior 200 Fly	8	1	-1.99
	33.97	38.74 41.85 41.57			
5:08.06L	F # 7	Women Senior 400 Free	22	---	8.99
	34.21	37.98 39.32 38.66 39.88 39.76 39.89 38.36			
2:24.68L	F # 48	Women 13-14 200 Free	16	---	1.15
	33.52	36.46 38.07 36.63			
1:10.06L	F # 50	Women 13-14 100 Fly	2	7	0.09
	32.87	37.19			
31.74L	F # 56	Women 13-14 50 Free	38	---	-0.95
2:42.87L	F # 96	Women 13-14 200 IM	8	1	-1.90
	33.31	42.92 50.02 36.62			
32.44L	F # 98	Women 13-14 50 Fly	11	---	-0.08
1:07.67L	F # 102	Women 13-14 100 Free	24	---	1.66
	32.19	35.48			
<b>Austin Briffa (12) M</b>					
52.05L	F # 18	Men 11-12 50 Breast	27	---	-1.52
1:43.77L	F # 21	Men 11-12 100 Back	48	---	---
	51.43	52.34			
39.54L	F # 24	Men 11-12 50 Free	59	---	-0.66
<b>Jose Colon (16) M</b>					
2:50.63L	F # 32	Men 15 & Over 200 Free	107	---	---
	31.50	41.65 1:37.48			
1:29.65L	F # 41	Men 15 & Over 100 Back	60	---	---
	41.49	48.16			
31.75L	F # 44	Men 15 & Over 50 Free	114	---	---
1:10.07L	F # 89	Men 15 & Over 100 Free	104	---	---
	31.51	38.56			
42.13L	F # 92	Men 15 & Over 50 Back	74	---	---
	32.05	10.08			
<b>Samantha Courtney (11) W</b>					
1:03.11L	F # 51	Women 11-12 50 Breast	75	---	-0.74
40.77L	F # 55	Women 11-12 50 Free	89	---	---
1:34.88L	F # 101	Women 11-12 100 Free	80	---	-10.61
	45.75	49.13			
51.77L	F # 103	Women 11-12 50 Back	65	---	---
	51.77				
<b>Nicole Crossey (14) W</b>					
DQ	F # 52	Women 13-14 50 Breast	---	---	---
37.89L	F # 56	Women 13-14 50 Free	99	---	-0.89
53.64L	F # 98	Women 13-14 50 Fly	67	---	---
1:24.17L	F # 102	Women 13-14 100 Free	93	---	-5.15
	39.07	45.10			
46.13L	F # 104	Women 13-14 50 Back	68	---	---
	41.28	4.85			

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**YMCA LONG COURSE CUP CHAMPIONSHIPS 12-Jun-09 to 14-Jun-09 LC Meters**

**Location: Princeton University**

**HAMILTON Y AQUATIC CLUB [HACY-NJ] Coach: SUE WELSH**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Vincent Curatolo (11) M</b>					
3:13.36L	F # 12	Men 11-12 200 Free	49	---	-9.56
	44.58	49.53 50.80 48.45			
2:01.19L	F # 15	Men 11-12 100 Fly	26	---	---
	58.56	1:02.63			
1:47.72L	F # 21	Men 11-12 100 Back	49	---	---
	1:47.72				
3:52.91L	F # 60	Men 11-12 200 IM	39	---	---
	56.88	56.32 1:14.15 45.56			
54.84L	F # 63	Men 11-12 50 Fly	37	---	---
47.80L	F # 72	Men 11-12 50 Back	37	---	-3.16
<b>Tess Dalton (11) W</b>					
53.50L	F # 51	Women 11-12 50 Breast	60	---	-1.52
38.88L	F # 55	Women 11-12 50 Free	82	---	-0.63
45.93L	F # 97	Women 11-12 50 Fly	52	---	0.40
1:54.26L	F # 99	Women 11-12 100 Breast	38	---	---
	54.84	59.42			
1:23.30L	F # 101	Women 11-12 100 Free	59	---	-0.98
	40.09	43.21			
<b>Meredith Davies (11) W</b>					
2:35.92L	F # 47	Women 11-12 200 Free	15	---	-4.59
	35.56	39.32 41.32 39.72			
1:26.31L	F # 53	Women 11-12 100 Back	20	---	0.88
	41.86	44.45			
33.56L	F # 55	Women 11-12 50 Free	24	---	-0.83
38.99L	F # 93	200 Medley Relay Lead Off	---	---	-0.34
3:07.07L	F # 95	Women 11-12 200 IM	19	---	-8.75
	42.33	45.07 1:01.14 38.53			
38.64L	F # 97	Women 11-12 50 Fly	23	---	0.89
1:13.28L	F # 101	Women 11-12 100 Free	21	---	-0.76
	35.13	38.15			
<b>Madeline Day (12) W</b>					
3:04.05L	F # 47	Women 11-12 200 Free	49	---	---
	39.97	46.92 50.37 46.79			
52.42L	F # 51	Women 11-12 50 Breast	56	---	---
37.21L	F # 55	Women 11-12 50 Free	62	---	---
3:34.22L	F # 95	Women 11-12 200 IM	34	---	---
	45.75	53.89 1:07.96 46.62			
43.98L	F # 97	Women 11-12 50 Fly	40	---	-0.65
1:25.13L	F # 101	Women 11-12 100 Free	62	---	1.37
	40.39	44.74			
<b>Erik Dixon-Anderson (16) M</b>					
4:55.30L	F # 8	Men Senior 400 Free	37	---	---
	31.74	35.67 37.83 37.37 38.12 38.37 39.06 37.14			
2:20.92L	F # 32	Men 15 & Over 200 Free	84	---	-1.31
	30.76	35.31 37.64 37.21			

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Time	F/P/S	Event	Place	Points	Improv
1:17.07L	F # 41	Men 15 & Over 100 Back	48	---	-1.68
	37.65	39.42			
30.10L	F # 44	Men 15 & Over 50 Free	97	---	1.07
30.97L	F # 83	Men 15 & Over 50 Fly	60	---	-1.13
1:05.25L	F # 89	Men 15 & Over 100 Free	87	---	1.02
	1:05.25				
35.04L	F # 92	Men 15 & Over 50 Back	55	---	-1.25
	28.32	6.72			
<b>Ian Dixon-Anderson (13) M</b>					
2:35.64L	F # 30	Men 13-14 200 Free	58	---	---
	36.16	41.77 40.41 37.30			
44.85L	F # 36	Men 13-14 50 Breast	40	---	---
33.40L	F # 42	Men 13-14 50 Free	79	---	---
35.30L	F # 81	Men 13-14 50 Fly	43	---	---
1:38.75L	F # 84	Men 13-14 100 Breast	35	---	---
	47.06	51.69			
1:13.48L	F # 87	Men 13-14 100 Free	69	---	-0.76
	36.26	37.22			
<b>Francesca Dong (12) W</b>					
1:35.85L	F # 49	Women 11-12 100 Fly	27	---	---
	1:35.85				
1:34.85L	F # 53	Women 11-12 100 Back	46	---	0.11
	1:34.85				
34.98L	F # 55	Women 11-12 50 Free	39	---	-0.34
<b>Justin Fu (12) M</b>					
2:44.90L	F # 12	Men 11-12 200 Free	25	---	-1.23
	38.15	41.58 44.01 41.16			
46.53L	F # 18	Men 11-12 50 Breast	19	---	---
32.98L	F # 24	Men 11-12 50 Free	14	---	0.58
<b>Brianne Giambagno (12) W</b>					
45.28L	F # 97	Women 11-12 50 Fly	44	---	---
1:49.59L	F # 99	Women 11-12 100 Breast	33	---	-3.45
	51.66	57.93			
1:26.78L	F # 101	Women 11-12 100 Free	67	---	-0.22
	1:26.78				
<b>Gabrielle Giambagno (17) W</b>					
2:32.63L	F # 5	Women Senior 200 Fly	4	5	-13.47
	33.59	37.88 39.92 41.24			
1:10.49L	F # 34	Women 15 & Over 100 Fly	6	3	-1.67
	33.08	37.41			
2:42.84L	F # 79	Women 15 & Over 200 IM	34	---	-3.68
	34.27	42.44 50.52 35.61			
32.80L	F # 82	Women 15 & Over 50 Fly	31	---	-0.16
<b>Anthony Giancarli (15) M</b>					
2:38.87L	F # 2	Men Senior 200 Back	39	---	-0.25
	36.69	39.91 41.62 40.65			

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Time	F/P/S	Event	Place	Points	Improv
2:26.07L	F # 32	Men 15 & Over 200 Free	96	---	-2.85
	31.76	37.76 39.31 37.24			
1:14.29L	F # 41	Men 15 & Over 100 Back	39	---	-1.46
	35.71	38.58			
30.66L	F # 44	Men 15 & Over 50 Free	104	---	-0.29
1:06.28L	F # 89	Men 15 & Over 100 Free	95	---	-1.85
	31.30	34.98			
35.29L	F # 92	Men 15 & Over 50 Back	60	---	-8.58
	29.53	5.76			
<b>David Grace (18) M</b>					
1:10.19L	F # 41	Men 15 & Over 100 Back	24	---	1.21
	33.79	36.40			
2:39.14L	F # 80	Men 15 & Over 200 IM	64	---	-2.05
	33.72	39.54 48.57 37.31			
33.44L	F # 92	Men 15 & Over 50 Back	43	---	0.74
	28.84	4.60			
<b>Amanda Grant (16) W</b>					
2:53.37L	F # 3	Women Senior 200 Breast	3	6	-4.93
	38.93	44.47 45.60 44.37			
2:22.64L	F # 31	Women 15 & Over 200 Free	28	---	-2.04
	33.85	36.09 37.68 35.02			
36.84L	F # 37	Women 15 & Over 50 Breast	3	6	-0.95
30.73L	F # 43	Women 15 & Over 50 Free	43	---	0.18
1:20.01L	F # 85	Women 15 & Over 100 Breast	3	6	-1.93
	37.09	42.92			
1:06.83L	F # 88	Women 15 & Over 100 Free	45	---	-0.82
	32.09	34.74			
<b>Evan Hackett (15) M</b>					
1:10.45L	F # 89	Men 15 & Over 100 Free	105	---	-1.45
	34.13	36.32			
<b>Kevin Hom (16) M</b>					
4:27.53L	F # 8	Men Senior 400 Free	3	6	-3.80
	30.59	33.50 33.94 34.64 34.34 34.41 33.67 32.44			
2:06.51L	F # 32	Men 15 & Over 200 Free	14	---	-1.29
	29.10	31.82 32.81 32.78			
27.61L	F # 44	Men 15 & Over 50 Free	47	---	0.42
57.10L	F # 89	Men 15 & Over 100 Free	10	---	-1.46
	27.64	29.46			
<b>Griffin Hutton (12) M</b>					
2:33.04L	F # 12	Men 11-12 200 Free	10	---	0.33
	35.88	39.33 40.28 37.55			
1:22.47L	F # 21	Men 11-12 100 Back	10	---	---
	39.89	42.58			
33.14L	F # 24	Men 11-12 50 Free	16	---	1.54
2:51.41L	F # 60	Men 11-12 200 IM	5	4	-6.56
	36.66	44.35 54.23 36.17			

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Time	F/P/S	Event	Place	Points	Improv
36.62L	F # 63	Men 11-12 50 Fly	10	---	1.25
1:10.76L	F # 69	Men 11-12 100 Free	9	---	1.40
	34.01	36.75			
<b>Zachary Hutton (17) M</b>					
4:42.07L	F # 8	Men Senior 400 Free	19	---	-7.00
	32.44	33.98 35.28 35.32			
		36.04 36.53 36.93 35.55			
2:13.59L	F # 32	Men 15 & Over 200 Free	56	---	-0.97
	30.99	33.09 34.46 35.05			
30.13L	F # 44	Men 15 & Over 50 Free	98	---	1.13
32.83L	F # 83	Men 15 & Over 50 Fly	75	---	-0.55
1:02.04L	F # 89	Men 15 & Over 100 Free	62	---	-0.66
	30.13	31.91			
<b>Tyler Jaffe (15) M</b>					
3:02.41L	F # 6	Men Senior 200 Fly	34	---	---
	35.80	44.01 1:42.60			
2:26.87L	F # 32	Men 15 & Over 200 Free	98	---	---
	32.64	37.38 38.94 37.91			
1:20.70L	F # 35	Men 15 & Over 100 Fly	72	---	---
	35.97	44.73			
31.00L	F # 44	Men 15 & Over 50 Free	109	---	---
34.06L	F # 83	Men 15 & Over 50 Fly	80	---	---
1:06.52L	F # 89	Men 15 & Over 100 Free	96	---	-7.88
	32.24	34.28			
39.65L	F # 92	Men 15 & Over 50 Back	72	---	---
	33.02	6.63			
<b>Morgan Kandrac (15) W</b>					
2:55.32L	F # 3	Women Senior 200 Breast	5	4	0.28
	39.79	44.59 45.75 45.19			
30.07L	F # 28	200 Free Relay Lead Off	---	---	-0.90
2:20.98L	F # 31	Women 15 & Over 200 Free	13	---	-0.45
	33.68	35.78 36.05 35.47			
38.14L	F # 37	Women 15 & Over 50 Breast	7	2	-0.01
30.58L	F # 43	Women 15 & Over 50 Free	37	---	-0.39
2:37.04L	F # 79	Women 15 & Over 200 IM	9	---	-6.62
	35.63	42.46 42.20 36.75			
1:22.52L	F # 85	Women 15 & Over 100 Breast	7	2	0.97
	39.66	42.86			
1:07.30L	F # 88	Women 15 & Over 100 Free	52	---	-0.70
	32.49	34.81			
<b>Meredith Ketchmark (16) W</b>					
31.43L	F # 82	Women 15 & Over 50 Fly	9	---	0.39
1:02.23L	F # 88	Women 15 & Over 100 Free	2	7	0.56
	30.89	31.34			
<b>Taylor Kwok (14) W</b>					
2:40.24L	F # 48	Women 13-14 200 Free	65	---	-3.94
	37.60	40.15 41.92 40.57			

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Time	F/P/S	Event	Place	Points	Improv
1:24.62L	F # 54 41.65	Women 13-14 100 Back 42.97	47	---	-3.55
34.09L	F # 56	Women 13-14 50 Free	77	---	0.11
36.98L	F # 98	Women 13-14 50 Fly	47	---	-1.08
1:10.99L	F # 102 34.18	Women 13-14 100 Free 36.81	51	---	-1.87
40.98L	F # 104 40.98	Women 13-14 50 Back	57	---	-0.19
<b>Isabella Laccetti (11) W</b>					
1:30.30L	F # 53 44.12	Women 11-12 100 Back 46.18	33	---	---
34.87L	F # 55	Women 11-12 50 Free	38	---	-1.55
37.90L	F # 97	Women 11-12 50 Fly	17	---	---
1:16.32L	F # 101 36.83	Women 11-12 100 Free 39.49	32	---	---
43.35L	F # 103 43.35	Women 11-12 50 Back	37	---	-2.59
<b>Zachary Mabin (13) M</b>					
31.14L	F # 27	200 Free Relay Lead Off	---	---	0.24
2:20.13L	F # 30 31.89	Men 13-14 200 Free 35.22 36.77 36.25	21	---	0.68
35.43L	F # 36	Men 13-14 50 Breast	5	4	-2.98
31.39L	F # 42	Men 13-14 50 Free	56	---	0.49
2:35.57L	F # 78 35.04	Men 13-14 200 IM 41.93 42.42 36.18	15	---	-17.17
1:15.21L	F # 84 35.62	Men 13-14 100 Breast 39.59	1	9	-1.54
1:05.68L	F # 87 31.79	Men 13-14 100 Free 33.89	28	---	-0.26
<b>Samuel Maquet (11) M</b>					
3:14.19L	F # 2 45.84	Men Senior 200 Back 49.52 51.25 47.58	72	---	---
3:01.97L	F # 6 38.98	Men Senior 200 Fly 46.86 50.15 45.98	33	---	---
2:43.19L	F # 12 37.56	Men 11-12 200 Free 42.00 43.14 40.49	24	---	---
1:23.10L	F # 15 39.87	Men 11-12 100 Fly 43.23	7	2	1.65
34.99L	F # 24	Men 11-12 50 Free	33	---	0.29
3:05.33L	F # 60 39.69	Men 11-12 200 IM 49.42 57.17 39.05	22	---	---
38.14L	F # 63	Men 11-12 50 Fly	14	---	1.84
43.16L	F # 72	Men 11-12 50 Back	30	---	1.26
<b>Lisa Mazukewicz (14) W</b>					
2:48.62L	F # 1 39.94	Women Senior 200 Back 42.52 44.05 42.11	44	---	5.76

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Time	F/P/S	Event	Place	Points	Improv
2:35.31L	F # 48	Women 13-14 200 Free	48	---	1.07
	36.58	39.35 40.37 39.01			
1:24.78L	F # 50	Women 13-14 100 Fly	34	---	1.69
	39.07	45.71			
1:20.04L	F # 54	Women 13-14 100 Back	30	---	0.08
	39.77	40.27			
37.68L	F # 94	200 Medley Relay Lead Off	---	---	-0.96
2:57.09L	F # 96	Women 13-14 200 IM	29	---	3.58
	38.54	42.46 56.92 39.17			
37.66L	F # 104	Women 13-14 50 Back	32	---	-0.98
	37.66				
<b>Jordan McGrew (19) M</b>					
X 2:16.25L	F # 32	Men 15 & Over 200 Free	---	---	14.80
	29.05	33.52 36.11 37.57			
X 27.02L	F # 44	Men 15 & Over 50 Free	---	---	1.21
28.08L	F # 83	Men 15 & Over 50 Fly	7	2	0.25
56.70L	F # 89	Men 15 & Over 100 Free	7	2	1.89
	27.24	29.46			
<b>Josh McGrew (17) M</b>					
2:23.25L	F # 32	Men 15 & Over 200 Free	89	---	---
	33.62	36.77 37.95 34.91			
27.65L	F # 44	Men 15 & Over 50 Free	50	---	-0.76
1:00.54L	F # 89	Men 15 & Over 100 Free	47	---	-1.51
	29.53	31.01			
35.14L	F # 92	Men 15 & Over 50 Back	56	---	---
	35.14				
<b>Annie Menninger (11) W</b>					
1:49.77L	F # 99	Women 11-12 100 Breast	34	---	---
	51.51	58.26			
1:27.83L	F # 101	Women 11-12 100 Free	71	---	---
	41.56	46.27			
<b>Tara Nelson (17) W</b>					
40.34L	F # 82	Women 15 & Over 50 Fly	89	---	-1.72
1:17.86L	F # 88	Women 15 & Over 100 Free	118	---	1.43
	37.76	40.10			
47.53L	F # 91	Women 15 & Over 50 Back	71	---	-0.14
	35.49	12.04			
<b>Brendan Nuse (13) M</b>					
2:41.76L	F # 30	Men 13-14 200 Free	69	---	3.84
	37.06	41.24 42.42 41.04			
1:28.03L	F # 39	Men 13-14 100 Back	60	---	-1.58
	43.50	44.53			
35.89L	F # 42	Men 13-14 50 Free	83	---	0.68
43.69L	F # 81	Men 13-14 50 Fly	62	---	-0.59
1:15.40L	F # 87	Men 13-14 100 Free	76	---	0.65
	35.84	39.56			

## HACY2003

### Individual Meet Results

YMCA LONG COURSE CUP CHAMPIONSHIPS 12-Jun-09 to 14-Jun-09 LC Meters

Location: Princeton University

HAMILTON Y AQUATIC CLUB [HACY-NJ] Coach: SUE WELSH

Time	F/P/S	Event	Place	Points	Improv
42.90L	F # 90 42.90	Men 13-14 50 Back	48	---	0.06
<b>Jeremy Oiler (13) M</b>					
3:00.22L	F # 2 40.55	Men Senior 200 Back 45.50 48.54 45.63	63	---	-6.04
2:37.77L	F # 30 36.11	Men 13-14 200 Free 39.65 41.88 40.13	63	---	-2.48
1:21.32L	F # 39 39.46	Men 13-14 100 Back 41.86	47	---	-3.87
32.40L	F # 42	Men 13-14 50 Free	72	---	-0.70
37.37L	F # 75	200 Medley Relay Lead Off	---	---	---
38.84L	F # 81	Men 13-14 50 Fly	52	---	---
1:10.97L	F # 87 33.01	Men 13-14 100 Free 37.96	65	---	-3.45
37.41L	F # 90 36.99	Men 13-14 50 Back 0.42	31	---	---
<b>Laura Poss (15) W</b>					
40.13L	F # 37	Women 15 & Over 50 Breast	25	---	0.72
1:18.39L	F # 40 37.83	Women 15 & Over 100 Back 40.56	30	---	---
29.47L	F # 43	Women 15 & Over 50 Free	3	6	-0.50
35.97L	F # 76	200 Medley Relay Lead Off	---	---	---
1:04.46L	F # 88 30.89	Women 15 & Over 100 Free 33.57	11	---	-1.32
36.15L	F # 91 36.15	Women 15 & Over 50 Back	27	---	---
<b>Daniel Quiroga (14) M</b>					
2:28.45L	F # 30 33.98	Men 13-14 200 Free 37.92 39.01 37.54	40	---	-3.40
1:20.35L	F # 33 36.45	Men 13-14 100 Fly 43.90	33	---	-10.84
1:19.99L	F # 39 39.69	Men 13-14 100 Back 40.30	39	---	0.28
2:45.76L	F # 78 35.74	Men 13-14 200 IM 42.63 50.84 36.55	35	---	-4.11
34.73L	F # 81	Men 13-14 50 Fly	40	---	-4.42
36.48L	F # 90 36.48	Men 13-14 50 Back	29	---	-3.35
<b>Bradley Ranson (17) M</b>					
2:12.66L	F # 32 31.08	Men 15 & Over 200 Free 33.77 34.95 32.86	49	---	-0.13
1:08.04L	F # 41 32.86	Men 15 & Over 100 Back 35.18	13	---	-0.06
26.83L	F # 44	Men 15 & Over 50 Free	17	---	0.15
31.35L	F # 77	200 Medley Relay Lead Off	---	---	-0.46
29.02L	F # 83	Men 15 & Over 50 Fly	23	---	---

**HACY2003**

**Individual Meet Results**

**YMCA LONG COURSE CUP CHAMPIONSHIPS 12-Jun-09 to 14-Jun-09 LC Meters**

**Location: Princeton University**

**HAMILTON Y AQUATIC CLUB [HACY-NJ] Coach: SUE WELSH**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
57.91L	F # 89	Men 15 & Over 100 Free	14	---	-0.27
	28.04	29.87			
31.39L	F # 92	Men 15 & Over 50 Back	13	---	-0.42
	26.68	4.71			
<b>Austin Roberts (14) M</b>					
2:45.07L	F # 30	Men 13-14 200 Free	72	---	1.57
	35.95	1:25.40 43.72			
1:24.89L	F # 39	Men 13-14 100 Back	55	---	2.86
	42.17	42.72			
34.52L	F # 42	Men 13-14 50 Free	82	---	1.53
3:08.26L	F # 78	Men 13-14 200 IM	62	---	---
	41.44	44.36 59.04 43.42			
1:13.72L	F # 87	Men 13-14 100 Free	70	---	-1.36
	34.62	39.10			
37.75L	F # 90	Men 13-14 50 Back	36	---	---
	33.31	4.44			
<b>Michele Saladino (14) W</b>					
32.05L	F # 46	200 Free Relay Lead Off	---	---	0.28
1:24.98L	F # 50	Women 13-14 100 Fly	36	---	---
	38.83	46.15			
42.68L	F # 52	Women 13-14 50 Breast	21	---	---
32.28L	F # 56	Women 13-14 50 Free	48	---	0.51
36.38L	F # 98	Women 13-14 50 Fly	44	---	---
1:34.11L	F # 100	Women 13-14 100 Breast	31	---	0.29
	42.93	51.18			
1:10.14L	F # 102	Women 13-14 100 Free	43	---	-0.28
	33.43	36.71			
<b>Emily Schroeder (12) W</b>					
2:31.39L	F # 5	Women Senior 200 Fly	3	6	-0.76
	33.53	38.05 40.49 39.32			
4:51.25L	F # 7	Women Senior 400 Free	3	6	-9.63
	32.32	36.11 37.57 37.60 37.88 37.35 36.83 35.59			
29.69L	F # 45	200 Free Relay Lead Off	---	---	0.10
2:17.23L	F # 47	Women 11-12 200 Free	1	9	-1.42
	32.10	34.33 36.40 34.40			
1:07.37L	F # 49	Women 11-12 100 Fly	1	9	-0.72
	32.03	35.34			
1:15.40L	F # 53	Women 11-12 100 Back	2	7	-0.41
	36.92	38.48			
2:36.53L	F # 95	Women 11-12 200 IM	1	9	-2.20
	33.29	39.09 49.34 34.81			
31.08L	F # 97	Women 11-12 50 Fly	1	9	0.36
1:03.20L	F # 101	Women 11-12 100 Free	1	9	0.11
	30.91	32.29			
<b>Dominic Serenelli (17) M</b>					
NS	F # 35	Men 15 & Over 100 Fly	---	---	---

## HACY2003

### Individual Meet Results

YMCA LONG COURSE CUP CHAMPIONSHIPS 12-Jun-09 to 14-Jun-09 LC Meters

Location: Princeton University

HAMILTON Y AQUATIC CLUB [HACY-NJ] Coach: SUE WELSH

Time	F/P/S	Event	Place	Points	Improv
27.93L	F # 44	Men 15 & Over 50 Free	60	---	-0.49
34.82L	F # 83	Men 15 & Over 50 Fly	82	---	---
1:04.12L	F # 89	Men 15 & Over 100 Free	79	---	0.31
	32.35	31.77			
<b>Nandini Singh (12) W</b>					
50.79L	F # 51	Women 11-12 50 Breast	45	---	---
37.51L	F # 55	Women 11-12 50 Free	66	---	-1.26
<b>Rishi Singh (11) M</b>					
1:41.65L	F # 21	Men 11-12 100 Back	46	---	1.51
	49.03	52.62			
43.46L	F # 24	Men 11-12 50 Free	61	---	0.90
<b>Alexandra Snyder (17) W</b>					
2:43.96L	F # 31	Women 15 & Over 200 Free	94	---	-2.37
	35.80	41.27 44.15 42.74			
1:31.31L	F # 40	Women 15 & Over 100 Back	70	---	1.74
	43.25	48.06			
32.55L	F # 43	Women 15 & Over 50 Free	81	---	0.33
38.53L	F # 82	Women 15 & Over 50 Fly	87	---	-2.52
1:11.95L	F # 88	Women 15 & Over 100 Free	104	---	0.76
	34.01	37.94			
<b>Daniel Sullivan (15) M</b>					
2:55.19L	F # 4	Men Senior 200 Breast	22	---	-10.08
	39.34	43.92 46.05 45.88			
1:17.18L	F # 35	Men 15 & Over 100 Fly	68	---	-15.41
	35.56	41.62			
38.84L	F # 38	Men 15 & Over 50 Breast	53	---	---
30.58L	F # 44	Men 15 & Over 50 Free	103	---	-0.14
2:36.70L	F # 80	Men 15 & Over 200 IM	56	---	-22.60
	33.06	42.94 44.20 36.50			
1:21.87L	F # 86	Men 15 & Over 100 Breast	41	---	-4.85
	39.57	42.30			
1:07.34L	F # 89	Men 15 & Over 100 Free	99	---	1.17
	32.53	34.81			
<b>Matthew Tees (11) M</b>					
3:18.30L	F # 4	Men Senior 200 Breast	43	---	---
	47.68	50.76 50.39 49.47			
34.79L	F # 9	200 Free Relay Lead Off	---	---	-1.13
2:39.96L	F # 12	Men 11-12 200 Free	19	---	0.99
	37.79	41.05 41.73 39.39			
44.77L	F # 18	Men 11-12 50 Breast	16	---	2.14
35.75L	F # 24	Men 11-12 50 Free	38	---	-0.17
3:09.40L	F # 60	Men 11-12 200 IM	25	---	-2.84
	51.88	48.51 51.82 37.19			
1:38.33L	F # 66	Men 11-12 100 Breast	18	---	3.81
	48.24	50.09			

## HACY2003

### Individual Meet Results

YMCA LONG COURSE CUP CHAMPIONSHIPS 12-Jun-09 to 14-Jun-09 LC Meters

Location: Princeton University

HAMILTON Y AQUATIC CLUB [HACY-NJ] Coach: SUE WELSH

Time	F/P/S	Event	Place	Points	Improv
1:16.11L	F # 69 37.53	Men 11-12 100 Free 38.58	27	---	0.68
<b>Isabella Trolle (12) W</b>					
54.04L	F # 51	Women 11-12 50 Breast	61	---	0.20
37.43L	F # 55	Women 11-12 50 Free	65	---	-1.61
<b>Madison Uram (13) W</b>					
3:09.81L	F # 3 44.07	Women Senior 200 Breast 47.90 49.36 48.48	31	---	-4.82
2:57.32L	F # 48 38.70	Women 13-14 200 Free 44.88 47.56 46.18	85	---	3.13
41.34L	F # 52	Women 13-14 50 Breast	14	---	---
1:32.70L	F # 54 45.20	Women 13-14 100 Back 47.50	75	---	-3.25
1:29.17L	F # 100 42.56	Women 13-14 100 Breast 46.61	16	---	-0.96
43.98L	F # 104 43.98	Women 13-14 50 Back	65	---	1.01
<b>Brandon Vandegrift (18) M</b>					
2:24.77L	F # 32 32.28	Men 15 & Over 200 Free 35.89 38.52 38.08	91	---	5.50
40.53L	F # 38	Men 15 & Over 50 Breast	60	---	-1.08
1:15.66L	F # 41 36.32	Men 15 & Over 100 Back 39.34	45	---	7.64
2:41.48L	F # 80 32.48	Men 15 & Over 200 IM 40.32 51.86 36.82	67	---	-2.15
1:30.31L	F # 86 41.12	Men 15 & Over 100 Breast 49.19	54	---	3.24
34.20L	F # 92 32.64	Men 15 & Over 50 Back 1.56	50	---	2.98
<b>Kevin Welsh (16) M</b>					
2:19.13L	F # 32 31.07	Men 15 & Over 200 Free 34.84 36.60 36.62	77	---	2.50
27.74L	F # 44	Men 15 & Over 50 Free	52	---	0.01
29.92L	F # 83	Men 15 & Over 50 Fly	50	---	-1.19
1:04.99L	F # 89 27.34	Men 15 & Over 100 Free 37.65	83	---	6.73
<b>Ricky Wild (11) M</b>					
3:20.17L	F # 12 42.93	Men 11-12 200 Free 53.57 55.38 48.29	51	---	---
DQ	F # 21 1:42.36	Men 11-12 100 Back	---	---	---
42.44L	F # 24	Men 11-12 50 Free	60	---	---
<b>Samantha Williams (14) W</b>					
2:38.01L	F # 48 35.82	Women 13-14 200 Free 40.09 41.99 40.11	59	---	-1.40

## HACY2003

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### Individual Meet Results

**YMCA LONG COURSE CUP CHAMPIONSHIPS 12-Jun-09 to 14-Jun-09 LC Meters**

**Location: Princeton University**

**HAMILTON Y AQUATIC CLUB [HACY-NJ] Coach: SUE WELSH**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:31.06L	F # 50 41.58	Women 13-14 100 Fly 49.48	49	---	-0.91
2:58.55L	F # 96 39.04	Women 13-14 200 IM 48.51 51.52 39.48	31	---	-6.55
1:39.12L	F # 100 47.42	Women 13-14 100 Breast 51.70	41	---	-6.73
<b>Thompson Wright (14) M</b>					
2:29.14L	F # 30 33.79	Men 13-14 200 Free 38.36 39.35 37.64	43	---	-13.39
1:26.71L	F # 33 39.11	Men 13-14 100 Fly 47.60	48	---	---
31.79L	F # 42	Men 13-14 50 Free	62	---	-2.87
3:01.00L	F # 78 38.41	Men 13-14 200 IM 46.95 55.05 40.59	56	---	---
38.29L	F # 81	Men 13-14 50 Fly	51	---	-4.50
1:08.55L	F # 87 32.72	Men 13-14 100 Free 35.83	51	---	-7.92